

## WEEK 11 – Scarsdale Handicap

<b>Date</b>	1 August 2025
<b>Time</b>	430pm
<b>Location</b>	Scarsdale
<b>Address</b>	Scarsdale Primary School
<b>Race Marshall</b>	Peter Luke

### Meet Notes:

This week's run is the **Scarsdale Handicap** that is run behind and around the Scarsdale Primary school. The start line is adjacent to the carpark at the back of the school on the gravel road. All runners start here and travel north out along the gravel road.

The U6 green painted dot and a cone is placed 300m out where the under 6 runners turn and return.  
The U8 and 10 runners run a further 100m or so then turn right onto a track through the trees, and run to their blue and red cones (not together this run) and return to the finish.

The U12,14,16 and Open runners run out the same course and past the red cone then turn right onto the gravel road. This gravel road takes the runners back to the main road going through Scarsdale. Runners again turn right here and run back past the front of the Primary school turning right again onto the gravel road and the finish. Under 12s run one lap of this loop course. Under 14, 16 and open run the loop twice.



AGE GROUP	COURSE		DISTANCE
U6	Green Cone	300m out & back	600m
U8	Blue Cone	500m out & back	1000m
10	Red Cone	600m out & back	1200m
U12	Yellow Cone	1 loop	1750m
U14	Orange Cone	2 loops	3500m
U16+	White Cone	2 loops	3500m

### Virtual Run Notes:

- Send a pic, name and time to [info@woodyathletics.org.au](mailto:info@woodyathletics.org.au) *before 4pm Sunday*
- Please email if cones/arrows have disappeared or any concerns
- Please run in club singlets

Good Running and Stay Safe  
Pete  
[info@woodyathletics.org.au](mailto:info@woodyathletics.org.au)